

# biography

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## Luis Angel Diaz

**Trainer/Facilitator**

Luis Diaz is the founder of the Body-Mind Center in California and the creator of the CMR-Cellular Memory Release Process for emotional healing and transformation. His first book, “Memory in the Cells” has been published in October 2007 in the spanish language and in 2009 in english. This book has been so successful that it’s reached four editions during the first year.

He is also an international trainer and lecturer author of numerous DVD trainings and e-books on the subject.

He began his studies in Chinese & Tibetan Medicine at the age of 21. After several years as a practitioner of Oriental Medicine, Shiatsu, Reiki, Homeopathy, Naturopathy, Nutrition and Herbolology, he discovered that most of the physical or psychological imbalances that we experience are caused by emotional and electrical disturbances with the main roots in the belief system and the logical mind’s programming. Due to this discovery, he devoted himself to find more ways to access those levels. He became a Touch for Health Practitioner and Instructor and completed the Certified Clinical Hypnotherapist and the Neuro- Linguistic Programming trainings.

The experience of Luis Diaz as an instructor started more than 20 years ago, teaching Shiatsu, Acupressure and Oriental Diagnosis workshops at Oriental Medicine schools. Currently he is dedicated to practicing, teaching and evolving the Cellular Memory Release (CMR) Process with the Neural Net Repatterning (NNR) and Pain-Body Release (PBR) trainings. These are a synthesis of tools to access and correct the human thought/feelings/energy system.

He is dedicated to disseminating these tools for empowerment across different countries and communities who value both personal and spiritual growth. The Cellular Memory Release Process provides its services in the form of seminars, workshops, private consultations and CMR professional training courses.

These practical tools for empowerment are available for anyone who wants to learn how to release the trapped emotions from the past and facilitate positive shifts physically, mentally and emotionally in themselves, their friends or clients, permanent way.