

# Luis Angel Diaz

## Creator of the Cellular Memory Release Process (CMR)



**Luis Angel Diaz**  
**Founder Body-Mind Center, California**  
**Author of *Memory in the Cells***

Luis Angel Diaz, is arguably one of the world's foremost authorities on emotional healing. He has been a holistic health practitioner since his early 20s. He began his studies in his homeland of Argentina where he earned degrees in traditional Chinese medicine, acupuncture, herbology and shiatsu. Eager to gain new knowledge and skills, he acquired certifications in homeopathy, hypnotherapy, Touch for Health, specialized kinesiology, NLP, EFT, reflexology and many others. He has worked with thousands of clients and has operated three successful practices, both in Argentina, and California.

A major shift occurred in his practice and approach after losing his wife unexpectedly at the age of 38, with whom he was raising their 3 children. The shock and pain he experienced became a catalyst for a profound inner process in human discovery. He discovered that layers of negative emotional charge accumulate and are stored inside our bodies, causing many body-mind chemical imbalances and health/life challenges, and prevent us from experiencing peace and wellbeing. After several months of personal discovery, Luis began to apply this new approach with his clients. He observed his clients experienced healing in a *permanent* way when they were able to transform these layers of emotional charge found in what he began to call "the cellular memory". Luis named this new set of techniques "Cellular Memory Release" (CMR) and formulated it into a simple easy to learn synthesis for training others. Operating from his Body-Mind Center in Nevada City, California, Luis has trained and educated hundreds of people in CMR since 1997, and both clients and practicing professionals have attested to the positive impact CMR has had upon their lives and the lives of others.



**Book: *Memory in the Cells***  
**Launch date: Tuesday 5 October, 2010**

Newly translated from the popular Spanish edition, *Memory in the Cells* is where the works of Eckhart Tolle meet *What the Bleep Do We Know?*, taking you on a much more practical journey of healing and discovery. While those books tell you the "what", *Memory in the Cells* teaches you the "how" of working with the "Pain Body" so you can transform it into the "Joy Body," using step-by-step lessons and exercises.

It is a book of emotional education and healing, where readers learn what being in a body actually IS, how to create an active partnership between mind, body and emotions, and how to heal all aspects of their lives, from physical health, to relationships, to inner peace. **It became an Amazon Bestseller in 3 different countries (USA, UK & Canada during the first week of its launch!**

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### Suggested questions for Luis Angel Diaz during an interview

1. What is your professional background?
2. What is the Cellular Memory?
3. How did you start doing the CMR work? How long have you been doing this?
4. How does Cellular Memory Release process work? Can you give examples?
5. What is your book, *Memory in the Cells*, about?
6. For whom is this book intended?
7. What will the reader gain from reading this book?
8. In your book you say that we are all energy. What evidence can you show us?
9. What kind of memory information can be found in the cells?
10. What are the effects of cellular memory in people's lives?
11. What kind of problems can be solved using CMR?
12. In your book you talk about our early programming in the womb. Can you expand on that?
13. In your book you mention the difference between real pain and imaginary pain. Can you expand on that?
14. Why do you say that resisting pain creates more suffering?
15. Where do feelings come from?
16. Can you talk more about the pain body and what creates it?
17. Is it possible to get rid of the pain body?
18. In your book you say that self condemnation is slow suicide. Can you explain that?
19. What are beliefs? Where do they come from?
20. How can we change behavioral patterns using CMR?
21. You use the term "Neural Net Repatterning" or NNR. Can you explain what that is?
22. Is this methodology intended only for professionals or any person can use it as well?

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